

Lay-nah Blue Morris-Howe

Curriculum Vita

Department of Professional Studies
Counseling Program
College of Education, University of Wyoming
Department 3374, 1000 E. University Ave.
Laramie, WY 82071

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EDUCATION

Ph.D. Counselor Education and Supervision. University of Wyoming, Laramie, WY.
May 2011. Dissertation: *Cultural Education of Mixed Heritage Children by Single Mothers: A Narrative Inquiry of Ethnic Identity Development*
Chair: Dr. Deborah McGriff

M.S. Counselor Education. University of Wyoming, Laramie, WY.
August 2007. Plan B Paper: *Multiethnic Identity Development: A personal narrative.*
Chair: Dr. Deborah McGriff

B.S. Health Science
University of Wyoming, Laramie, WY.
May 2004

AWARDS & HONORS

Graduate Student Commencement Speaker Spring 2011
College of Education Commencement (Nominated and selected)
University of Wyoming

Multicultural Affairs Graduate Program Fall 2010-Spring 2011
Full Graduate Assistantship

Esper W. Fitz Scholarship Summer 2010, Spring 2010, Fall 2009
Lester & Iola Roberts Scholarship Spring 2009, Fall 2008
Patrick J. Kauffman Scholarship Summer 2007

PROFESSIONAL EXPERIENCE

Assistant Professor August 2015 - present
Professional Studies, Counseling Program, University of Wyoming, Laramie, WY

- Doctoral program coordinator
- Teach clinical and didactic counseling courses
- Serve on/chair graduate student committees

Assistant Lecturer August 2014 – May 2015
Professional Studies, Counseling Program, University of Wyoming, Laramie, WY

- Full time course instruction
- Provide clinical supervision of doctoral students
- Conduct site visits of student interns

Contributing Faculty February 2013 - August 2014
Mental Health Counseling Program, Walden University (online), Minneapolis, MN

- Exclusively online instruction of 11-week term counseling courses
- Consistent use and knowledge of Blackboard web-based learning system
- Consistent use and knowledge of Turnitin plagiarism-prevention service

Assistant Lecturer August 2012 – May 2013
Professional Studies, Counseling Program, University of Wyoming, Laramie, WY

- Full time course instruction (3:3 load)
- Conduct site visits of student interns
- Collaborate with Site Supervisors on student placement and evaluation

Licensed Professional Counselor—Private Practice February 2009 – June 2013
Pathways Mental Health Professionals February 2015 – present
Laramie, WY

- Individual, couple, and family counseling
- Address mental health, substance abuse, and familial concerns
- Practice branches into public school district, counseling youth in the school setting on contract with school district
- Participation in Multidisciplinary Team Meetings; collaborating with attorneys, Department of Family Services, Parents, Teachers and School Counselors

Mental Health Counselor September 2011 – August 2012
University Counseling Center, University of Wyoming, Laramie, WY

- Individual, couple, and group counseling
- Supervision of practicum intern
- Outreach coordinator for center

PUBLICATIONS

Refereed Articles

Asfaw, A. H., Warren, J., **Morris-Howe, L. B.**, McKim, C., Meggitt, D., Mullins, P., Rossetter, N., & Zakaria, N. S. (2017). *Use of Wordle in counseling ethics*. Manuscript accepted for publication *VISTAS* 2017.

Warren, J., Hof, K., McGriff, D., & **Morris, L. B.** (2012). Five experiential learning activities in addictions education. *Journal of Creativity in Mental Health, 7*, 2-17.
doi:10.1080/15401383.2012.710172

Warren, J. A., Morgan, M., Morris, T. M., & **Morris L. B.** (2010). Breathing words slowly: Creative writing and counselor self-care. The writing workout. *Journal of*

Submitted for Review

Asfaw, A., **Morris-Howe, L. B.**, Warren, J., McKim, C., Meggitt, D. & Mullins, P. (Submitted). Using Wordle in Addictions Education. Submitted to *The Journal of Addictions & Offender Counseling*. Submitted July 2016.

Works in Progress

Morris-Howe, L. B., & Morris, T. M. Cultural education of mixed-heritage children by single mothers: A narrative inquiry of ethnic identity development. [Status: final edits for submission].

Morris-Howe, L. B., & Morris, T. M. Multicultural Counseling Course at a Predominantly White Institution: Students' perceptions of the delivery from an instructor of color. [Status: first draft].

Morris-Howe, L. B., Garcia, A. (in progress). Help-seeking: Positive factors contributing to ethnic minorities seeking mental health services. [Status: second draft].

Meggitt, D., Asfaw, A. H., **Morris-Howe, L. B.**, Vance, K., & Warren, J. Three years: The impact of addictions education on attitudes in students. [Status: data collected].

Warren, J., Garfield, A., **Morris-Howe, L. B.**, Sandman, G. R., & Weatherford, J. (in progress). Evaluating attitudes toward sex roles, inclusion, control, and openness in women in abusive relationships compared to attitudes measured twenty eight years before. UW FGIA grant (2014). [Status: data collected].

PRESENTATIONS

Refereed Presentations

National

Warren, J., Asfaw, A. H., & **Morris-Howe, L. B.** (2017, March). *Promoting word awareness in addictions education*. IAAOC Carousel Session, American Counseling Association (ACA) Conference, San Francisco, California.

Regional

Morris-Howe, L. B., Meggitt, D., Mullins, P., & Thiemann, K. (October, 2016). *Creativity in Counselor Education: Use of wordle in ethics education*. Presentation at Rocky Mountain Association for Counselor Education and Supervision: Steamboat Springs, CO.

Bruce, M. A., Maurya, R., **Morris-Howe, L. B.**, Townsend, B., & DeDiego, A. (October, 2016).

Evidence-Based Mentoring of New Faculty in Higher Education: Facilitating success. Presentation at Rocky Mountain Association for Counselor Education and Supervision: Steamboat Springs, CO.

Becker, K., **Morris, L.**, & Covello, C. (April, 2011). *Photovoice: A look through the lens.* Paper presented at the Shepard Symposium on Social Justice: Laramie, WY.

Becker, K., Covello, C., & **Morris, L.** (October, 2010). *Photovoice: A look through the lens.* Paper presented at Wyoming Counseling Association: Casper, WY.

Hansen, J., **Morris, L.**, Morris, T., Nunez, J., & Reiser, M. (October, 2008). *Advocating for Presence: Doctoral Students explore student experiences of social justice, diversity, and advocacy.* Presented at Rocky Mountain Association for Counselor Education and Supervision; Breckenridge, CO.

Jain, S., **Morris, L.**, Reid, K., & Rawlings, S. (October, 2006). *Multiculturalism within Triadic Supervision.* Presented at Rocky Mountain Association for Counselor Education and Supervision; Jackson, WY.

Morris, T., **Morris, L.** (October, 2006). *The Race Card Game.* Rocky Mountain Association for Counselor Education and Supervision; Jackson, WY.

State

Morris-Howe, L. B. & Garcia, A. (March, 2016). Help-Seeking: Positive factors contributing to ethnic minorities seeking mental health services. Presented at University of Wyoming College of Education Research Symposium: Laramie, WY.

Invited/Non-refereed Presentations

Morris-Howe, L. B. (April, 2016). *Academic Success.* Minority Higher Education Day University of Wyoming: Laramie, WY.

Morris-Howe, L. B., & Faimon, K. (February, 2016). *When Oppression Turns to Depression: Exploring the intersections between mental health and social oppression.* Martin Luther King Days of Dialogue, University of Wyoming: Laramie, WY.

Morris-Howe, L. B. (November, 2015). *If You Build It, We Will Come: Positive factors leading ethnic minorities to seek mental health services.* Multicultural Affairs Speaker Series partnered with Mental Health Awareness Week, University of Wyoming: Laramie, WY.

Morris, L. B., & Morris, T. M. (March, 2010). *Cultural Awareness Training for Instructors.* Institute of Business and Medical Careers: Cheyenne, WY.

Morris, L. B. (November, 2009). *Language of Diversity.* Days of Dialogue, Laramie County Community College: Cheyenne, WY.

PROFESSIONAL AFFILIATIONS

American Counseling Association	2004 - present
Association for Counselor Education and Supervision	2007 - present
Rocky Mountain Association for Counselor Education and Supervision	2007 - present

PROFESSIONAL LICENSE/CERTIFICATIONS

Licensed Professional Counselor, #LPC-1234, August 2011
National Certified Counselor, #259250, October 2010

SERVICE

Advisory Council on Diversity Member College of Education, University of Wyoming	Fall 2016 - Current
Trainer, Wellness Center and Half Acre Diversity Training University of Wyoming	Spring 2016
Scholarship Committee, Counseling Program Department of Professional Studies, University of Wyoming	Fall 2015
Search Committee, Special Education Faculty Search Department of Professional Studies, University of Wyoming	Fall 2015
Faculty Mentor, Multicultural Student Leadership Initiative Multicultural Affairs, University of Wyoming	Fall 2012 - Spring 2013
Awareness Weeks Planning Committee Member Mental Health and Body Image Awareness Weeks on Campus University of Wyoming	Fall 2011 - Spring 2012
Shepard Symposium on Social Justice Planning Committee University of Wyoming	Fall 2010 - Current
Search Committee Admissions Office, University of Wyoming International Student Services Assistant Director position	Fall 2011
Manuscript Reviewer Multicultural Perspectives Journal Official Journal of the National Association of Multicultural Education	Fall 2010
Guest Speaker, Albany County School District "Bringing Diversity to the Classroom" Lessons	Fall 2010
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Grades K-3, Laramie, WY

Guest Lecturer, EDST 2480: Diversity and the Politics of Schooling
“The History of Diversity in America”
University of Wyoming

Fall 2010

Trainer, Diversity Training: The Race Card Game
Whiting High School, Laramie WY
Selection Committee
Multicultural Pride Scholarship
James C. Hearst Scholarship
University of Wyoming

Fall 2008

2007, 2008, 2009

Search Committee
University Counseling Center, University of Wyoming
Mental Health Counselor positions

2007, 2009

GRADUATE ADVISING

DOCTORAL GRADUATE STUDENT COMMITTEES/ADVISING ACTIVE

Student Name	Admitted/Faculty Role	Date Graduated/ Research Title	Degree/Area of Study
Kirk Thiemann	Fall 2016 Advisor	In progress	PhD-Counselor Education and Supervision
Phillip Mullins	Fall 2015 Committee Chair	In progress	PhD-Counselor Education and Supervision
David Meggitt	Fall 2014 Committee Member	In progress	PhD-Counselor Education and Supervision
Greg Sandman	Fall 2014 Committee Member	In progress	PhD-Counselor Education and Supervision
John O'Malley	Fall 2014 Committee Member	In progress	PhD-Counselor Education and Supervision
Kristina Faimon	Fall 2014 Committee Member	In progress	PhD-Counselor Education and Supervision
Avis Garcia	Fall 2013 Committee Chair	In progress	PhD-Counselor Education and Supervision
Molly Wilson	Fall 2013 Committee Member	In progress	PhD-Counselor Education and Supervision
Andrew Felton	Fall 2012 Committee Member	In progress	PhD-Counselor Education and Supervision

Kate Steiner	Fall 2011 Committee Member	In progress	PhD-Counselor Education and Supervision
Robert Balich	Fall 2011 Committee Chair	In progress	PhD-Counselor Education and Supervision
Kevin Vance	Fall 2010 Committee Member	In progress	PhD-Counselor Education and Supervision

MASTER'S GRADUATE STUDENT ADVISING

Student Name	Admitted/Faculty Role	Date Graduated/ Research Title	Degree/Area of Study
Jamie Henry	Summer 2016 Advisor/URDM Mentor	In progress	Master's in Counseling
Adam Hamilton	Summer 2016 Advisor	In progress	Master's in Counseling
Hyrum Booth	Summer 2016 Advisor	In progress	Master's in Counseling
Tyrell Garton	Summer 2016 Advisor	In progress	Master's in Counseling
Kristin Lanouette	Summer 2016 Advisor	In progress	Master's in Counseling
Hailey Reeves	Summer 2016 Advisor	In progress	Master's in Counseling
Erica Barton	Summer 2015 Advisor	In progress	Master's in Counseling—Mental Health Track
Kylie Boardman	Summer 2015 Advisor	In progress	Master's in Counseling—Mental Health Track
Kayla Livingston	Summer 2015 Advisor	In progress	Master's in Counseling—Mental Health Track
Anna Huber	Summer 2015 Advisor	In progress	Master's in Counseling—Mental Health Track