

HLED 4021-40 or 5021-40, 3 credits

# Creating Conditions for Community Health

Online, asynchronous



UW Community & Public Health

**Public health** = creating **conditions** that **enable** people to be healthy

In this course we will analyze and discuss how to change environmental causes and influences on individual health behavior or health status. The assignments center on a community and health issue that you chose (e.g., chew tobacco use in school baseball players in Wyoming; texting while driving among UW students; meth use in your hometown). You will assess the issue and the research on its immediate and its “macro” socio-ecological causes. You will then develop an action plan to improve the conditions (the environment) in that community in ways that scientific evidence suggests will help improve health. It is fully online and asynchronous (i.e., no class meeting times).

HLED 5021 is a required course for the UW [Graduate Certificate in Community & Public Health](#).